

Nebraska Substance Use Resources

Providers and clinics are encouraged to develop a referral plan that fits their community. The following resources provide a starting point of locating local services for supporting mothers and their children who are experiencing substance use disorder.

National and Statewide Databases

- **Nebraska Network of Care**
 - A comprehensive database that enables individuals, including mothers, in identifying local programs and services, and facilitating informed decision-making regarding their needs.
- **Bring Up Nebraska**
 - Partners with local organizations to provide tailored support and resources to families that help them navigate challenges. Their services aim to keep children safe, support strong parenting, and help families address challenges before they become crises.
- **Stop Overdose Nebraska**
 - Educate and provide support for opioid overdose. They also connect individuals with resources such as treatment centers, pharmacies that can provide Narcan, and first responder.
- **Nebraska 211**
 - Connect mothers and families with local healthcare providers and specialized programs that offer treatment and support for Substance Use Disorder. They also assist with finding emergency shelters, food, and other essential services for mothers and infants in crisis situations.
- **Nebraska Resource and Referral System**
 - A comprehensive online database designed to help individuals and families find services and resources across the state. Services include information on areas such as childcare, housing, medical and health services, counseling, food assistance, and more.
- **Findhelp.org**
 - Connects people with local community programs that offer free or reduced-cost services, including crisis support, healthcare, housing, food assistance, job training, and more.
- **Nebraska Coalition for Peer Delivered Services**
 - Provide counseling to family and friends of individuals with mental illness and substance use disorder. They promote recovery-oriented practices and peer leadership through statewide advocacy and educational initiatives.
- **Community Action of Nebraska**
 - Focuses on enhancing program development and offering support that meet the needs of communities through their network of nine Community Action Agencies across Nebraska. Their website has an interactive map to help individuals navigate resources.

Harm Reduction Agencies

Substance Abuse & Mental Health Services Administration (SAMHSA)

- Provides comprehensive services for pregnant and postpartum women with substance use disorders that support and sustain recovery.

1. Findtreatment.gov

- A comprehensive resource provided by the Substance Abuse and Mental Health Services Administration (SAMHSA). It helps individuals locate treatment facilities for mental health and substance use disorders across the United States and its territories.

2. SAMHSA National Helpline

- A free, confidential, 24/7, 365-day-a-year service that provides treatment referrals and information for individuals and families facing mental and/or substance use disorders.