POSTPARTUM ALERT

Emergency Department & Clinic Guide

ASK - IDENTIFY - ACT

ASK

→ Are you currently pregnant or have you been pregnant within the last year?

IDENTIFY WARNING SIGNS

- → Be alert for warning signs and symptoms that may indicate a postpartum complication:
 - Chest pain or difficulty breathing
 - Severe headache or vision changes
 - Heavy bleeding or signs of infection
 - Thoughts of harming self or baby
 - Seizures or high blood pressure
 - Severe swelling, redness, or pain in the legs
 - Any unusual or concerning symptoms

ACT FAST

- \rightarrow Escalate concerns
- → Assess and treat promptly
- → Consult OB or maternal health experts
- → Give clear discharge instructions
- → Arrange follow-up care



Scan to learn more about postpartum alert wristbands and warning signs.

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