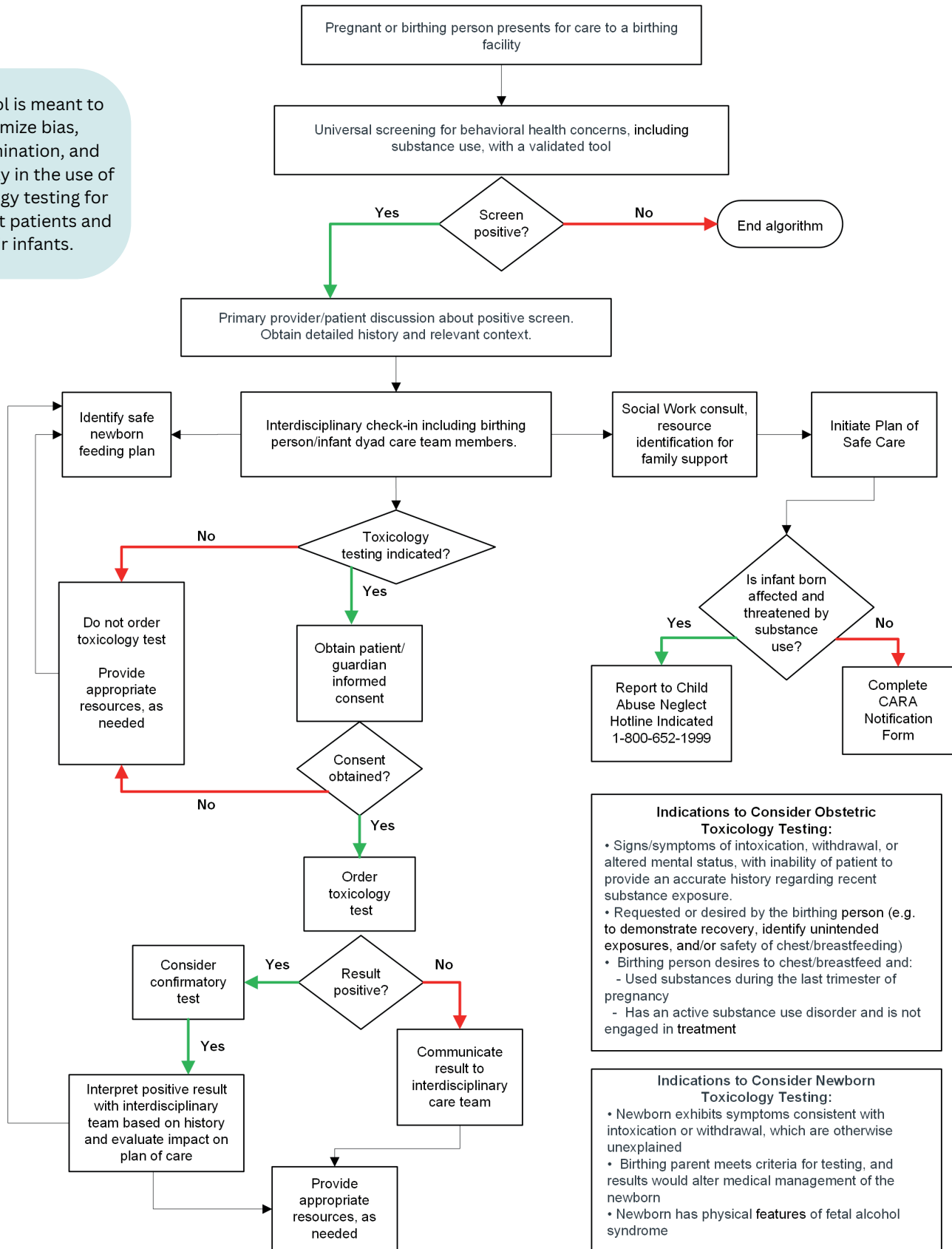


# Nebraska Substance Use Screening and Toxicology Testing Algorithm

This tool is meant to minimize bias, discrimination, and variability in the use of toxicology testing for pregnant patients and their infants.



**Indications to Consider Obstetric Toxicology Testing:**

- Signs/symptoms of intoxication, withdrawal, or altered mental status, with inability of patient to provide an accurate history regarding recent substance exposure.
- Requested or desired by the birthing person (e.g. to demonstrate recovery, identify unintended exposures, and/or safety of chest/breastfeeding)
- Birthing person desires to chest/breastfeed and:
  - Used substances during the last trimester of pregnancy
  - Has an active substance use disorder and is not engaged in treatment

**Indications to Consider Newborn Toxicology Testing:**

- Newborn exhibits symptoms consistent with intoxication or withdrawal, which are otherwise unexplained
- Birthing parent meets criteria for testing, and results would alter medical management of the newborn
- Newborn has physical features of fetal alcohol syndrome

**Note: Indications for toxicology testing are driven by need for a change in clinical management based on toxicology results or patient request.**